



Sha Tin Junior School
Delicious Chef King Catering Ltd.
(2019 May Menu)



Food with egg
 此款式含有蛋類成份



Food with fish
 此款式含有魚類



Western style food
 此款式為西式餐款

Date	Week	A	B	C	D (Vegitarian)	Fruit	Meal Code
2/5	Thu	南瓜蒸雞紅米飯 Steamed chicken and pumpkin with red rice	蒜香肉片扭扭粉 Sliced pork in garlic sauce with twisty pasta	叉燒包配魚肉燒賣配粟米粒 Char siu bun + fish siu mai + corns	蓮藕黃豆腐竹飯 Lotus, soy beans and bean curd with rice		
3/5	Fri	鮮茄牛肉糙米飯 Beef in tomato sauce with brown rice	粟米肉粒通粉 Diced pork in corn sauce with macaroni	豬柳包+蕃薯粟米粒 Pork fillet bun + sweet potatoes and corns	鮮茄薯仔雜菌飯 Potato, mushroom in tomato sauce with rice		
6/5	Mon	蒜香魚塊糙米飯 Fish fillet in garlic sauce with brown rice	日式雞絲米線 Shredded chicken in soya sauce with rice noodles	魚肉燒賣配迷你珍珠雞配粟米粒 Fish siu mai + Glutinous Rice in Lotus Leaf + Corns	木耳雜菌黃豆飯 Mushroom and soy beans with rice	✓	
7/5	Tue	麵醬蒸肉片草菇燕麥飯 Steamed sliced pork and miso sauce with oat rice	鮮茄牛肉醬通粉 Minced beef in tomato sauce with macaroni	雞扒包+紫薯段 Chicken fillet bun + sweet potato	甜黑椒蘑菇紅腰豆飯(微辣) Mushroom and red kidney beans in sweet black pepper sauce with rice (Hot)		
8/5	Wed	有機豆腐肉碎蒸蛋紅米飯 Steamed minced pork, egg and organic tofu with red rice	甜咖喱洋蔥牛肉長通粉 Beef and onion in sweet curry with penne	菠蘿魚柳包+蕃薯粟米粒 Fish fillet bun with pineapple + sweet potato and corns	香芋絲腐竹飯 Taro, shredded mushrooms and bean curd with rice	✓	
9/5	Thu	鮮茄豬柳糙米飯 Pork fillet in tomato sauce with brown rice	洋式洋蔥牛肉意粉 Beef in onion sauce with spaghetti	瑞士汁雞肉飯糰+雞下腩+紫薯段 Swiss sauce Chicken Rice Roll & Chicken Drumstick & sweet potato	雜菌黃豆百頁豆腐飯 Tofu, soy beans and mushroom with rice		
10/5	Fri	薯仔蒸雞球紅米飯 Steamed chicken and potato with red rice	茄茸雜果肉粒扭扭粉 Diced pork in tomato sauce with twisty pasta	洋蔥牛肉包+紫薯段 Onion & beef bun + sweet potato	茄子雙菇有機豆腐飯 Organic tofu, mushrooms and eggplant with rice		
15/5	Wed	日式金菇牛肉片藜麥飯 Sliced beef and mushrooms in soya sauce with quinoa rice	低溫攪油香草烤車厘茄肉醬通粉 Spaghetti Bolognese with roasted cherry tomato	燒賣+迷你珍珠雞+粟米粒 Fish siu mai + Glutinous Rice in Lotus Leaf + Corns	野菌薯仔豆乾飯 Dried bean, potatoes and mushroom with rice	✓	
16/5	Thu	啡菌汁魚塊燕麥飯 Diced fish in mushroom sauce with oat rice	三絲銀針粉(甘筍,冬菇,豬肉絲) Three shredded with sliver pin noodles (Carrot, mushroom and pork)	磨菇雞肉飯糰+雞下腩+紫薯段 Mushroom & Chicken Rice Roll & Chicken Drumstick & sweet potato	香芋絲三色豆飯 Tricolor beans, taro and shredded mushrooms with rice		
17/5	Fri	白麵政昆布蒸肉片紅米飯 Sliced pork in white miso sauce with red rice	南瓜汁吞拿魚牛肉醬螺絲粉 Minced beef, tuna sauce and pumpkin sauce with fusilli	魚柳包配菠蘿+紫薯段 Fish fillet bun + pineapple + sweet potato	甜咖喱薯仔雞豆螺絲粉 Mixed beans and potato with sweet curry with fusilli		
20/5	Mon	蟲草花蒸雞糙米飯 Steamed chicken and cordyceps with brown rice	拿破倫茄茸薯粒肉醬通粉 Minced pork, diced potato in tomato sauce with macaroni	洋蔥牛肉包+蕃薯角 Onion and beef bun + sweet potato	南瓜黃豆雜菌通粉 Mushroom, soy beans and pumpkin with macaroni	✓	
21/5	Tue	三絲紅米飯(甘筍,冬菇,豬肉絲) Three shredded with red rice (Carrot, mushroom and pork)	茄子豬肉鬆通粉 Minced pork and eggplant with macaroni	雞扒包配粟米薯粒 Chicken fillet bun + sweet potato and corns	茄子雙菇豆腐飯 Tofu, mushroom and eggplant with rice		
22/5	Wed	台式牛肉燥藜麥飯 Minced beef in soya sauce with quinoa rice	羅宋汁雞柳扭扭粉 Chicken fillet in tomato sauce with twisty pasta	魚柳包伴蕃薯粟米粒 Fish fillet bun + sweet potato and corns	黃菘汁蘿葡紅腰豆飯 Carrot and kidney beans in ginger sauce with rice	✓	
23/5	Thu	低脂白汁磨菇魚塊紅米飯 Fish fillet in light cream sauce with red rice	巴馬臣芝士磨菇豚肉螺絲粉 Pork fillet and mushroom in light cheese sauce with fusilli	燒賣+迷你珍珠雞+粟米粒 Fish siu mai + Glutinous Rice in Lotus Leaf + Corns	意式雜菌黃豆飯 Mushroom and soy beans in tomato sauce with rice		
24/5	Fri	京都汁豬柳燕麥飯 Pork fillet in sweet and sour sauce with oat rice	咖哩牛肉片長通粉 Sliced beef in curry sauce with penne	瑞士雞脾配蕃薯角+粟米粒 Chicken leg in Swiss sauce & sweet potato & corns	茄子雞脾菇燴飯 Abalone mushroom and eggplants with rice		
27/5	Mon	鮮茄雞球糙米飯 Chicken fillet in tomato sauce with brown rice	日式肉片烏冬 Sliced pork in soya sauce with udon	豬柳漢堡包+蕃薯角 Pork fillet bun + sweet potatoes and corns	香芋薯仔紅腰豆飯 Red kidney beans, potato and taro with rice	✓	
28/5	Tue	粟米肉粒燕麥飯 Diced pork in corn sauce with oat rice	香草野菌田園牛肉醬意大利粉 Minced beef and mushroom in tomato sauce with spaghetti	瑞士雞翼配甜餐包配粟米薯粒 Chicken wings in Swiss sauce + sweet bun + corns and diced potato	蘿白雲耳腐竹飯 Bean curd and radish with rice		
29/5	Wed	甜咖喱雞球糙米飯 Chicken fillet in sweet curry with brown rice	台式香菇牛肉燥通粉 Minced beef in soya sauce with macaroni	土耳其紅腰豆肉醬配烤餅 Minced pork and red kidney bean in tomato sauce with roasted bread	木耳雞脾菇百頁豆腐飯 Abalone mushroom and tofu with rice	✓	
30/5	Thu	日式金菇魚塊藜麥飯 Fish fillet in mushroom sauce with quinoa rice	南瓜汁肉絲扭扭粉 Shredded pork in pumpkin sauce with twisty pasta	磨菇雞肉飯糰+雞下腩+紫薯段 Mushroom & Chicken Rice Roll & Chicken Drumstick & sweet potato	粟米菠蘿磨菇紅腰豆飯 Red kidney beans, mushrooms, corn and pineapple with rice		
31/5	Fri	黑椒蒸雞柳紅米飯(微辣) Chicken fillet in black pepper sauce with red rice (Hot)	低脂芝士肉片螺絲粉 Sliced pork in light cheese sauce with fusilli	香草烤雞薄餅+蕃薯角+粟米粒 Herbs and chicken pizza + sweet potato + corns	甜咖喱薯仔百頁豆腐飯 Potato, tofu in sweet curry with rice		

Lunch Order Form - May 2019

Absent Cancellations (*NOT applicable during Inclement Weather Cancellations*)

- *Please call DCK at 2464-1838 before 8:30 a.m. to cancel meals to qualify for a refund / credit.
- *No refunds / credits will be made for meals cancelled after 8:30 a.m.

Inclement Weather Cancellations

- No refund (i.e. EDB announcement, Black Rainstorm or No. 8 Typhoon Signal)
- If School wish to cancel partial meal orders due to special activities,
 School shall provide written notice at least 3 working days in advance.

Important Notices

- *Please submit the **original receipt / cheque with the order form by 12 April. Late orders will not be accepted.**
(with student' s name, class, and parent' s contact numbers at the back)
- *Any illegibly marked choice will be deemed as "A".
- *DCK menu uses boneless fish, but it is encouraged to be cautious when eating.
- *Food may contain egg. Students with egg allergy should not choose the menu.
- *Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut.
- *For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

Payment methods *(original receipt / cheque with student' s name, class, parent's contact numbers)*

- Crossed Cheque payable to "Delicious Chef King Catering Ltd"
- PPS
 - a. Bill payment by 18031 > merchant code 9833 > PPS a/c number (P.2 right top) > amount
 > mark down the payment reference number on (P.2 right bottom)

Student's Name : _____

Class : _____

Contact number : _____

PPS Account number : _____

Payment Method (Whole Month)	
Meal expenses :	\$ 30.00
The number of days in May :	20 days
Deducting Meals in March:	0 days
TOTAL AMOUNT : HK\$ 600.0	

Payment Method (Non-whole Month)	
Meal expenses :	\$ 30.00
The number of days in May :	_____ days
Deducting Meals in March:	0 days
TOTAL AMOUNT : HK\$ _____	

Payment Methods	Company Stamp
<input type="checkbox"/> Cheque	
	Date