



Sha Tin Junior School

Delicious Chef King Catering Ltd.

(2018 May Menu)



Food with egg

此款式含有蛋類成份



Food with fish

此款式含有魚類



Western style food

此款式為西式餐款

Date	Week	A	B	C	D (Vegitarian)	Fruit	Meal Code
1/5	Tue						
2/5	Wed	鮮淮山南瓜杞子蒸雞糙米飯 Steamed chicken & chinese yam with brown rice	黃蔬汁雙菇肉片飯 Sliced pork & Mushrooms in ginger sauce with rice	鮮茄牛肉醬意粉 Minced beef in tomato sauce with spaghetti	雜菌有機豆腐飯 Mixed mushrooms and organic tofu with rice	✓	
3/5	Thu	鮮茄洋葱牛肉紅米飯 Beef in tomato sauce with red rice	甜咖哩雞球飯 Chicken fillet in sweet curry with rice	香辣雞翼伴紫薯角(微辣) Spicy chicken wings & sweet potato wedges	低脂白汁黃豆薯仔飯 Soy beans and potato in light cream sauce with rice	W	
4/5	Fri	日式雞球燕麥飯 Chicken fillet in soya sauce with oat rice	低脂白汁洋葱魚塊飯 Fish fillet in light cream sauce with rice	夏威夷薄餅+香味薯角+粟米車厘茄 Hawaii (Ham, pineapple, cheese) Pizza + potato wedges + cherry tomato & corns	蓮藕炒黃豆腐竹飯 Lotus, soy beans & bean curd with rice		
7/5	Mon	黑椒雞中翼紅米飯(微辣) Chicken wings in black pepper sauce with red rice (Hot)	鮮茄汁魚塊飯 Fish fillet in fresh tomato sauce with rice	四川担担米線(微辣) Minced pork in chili sauce with rice noodles	麻婆有機豆腐飯(微辣) Organic tofu in chilli sauce with rice	✓	
8/5	Tue	蜜汁雞脾藜麥飯 Chicken leg in honey sauce with quinoa rice	香芋薯仔焗肉片飯 Sliced pork, Taro & potato with rice	南瓜汁海鮮長通粉 Seafood in delicious sauce with penne	什菌黃豆百頁豆腐飯 Mixed mushrooms, soy beans & tofu with rice		
9/5	Wed	洋葱牛肉糙米飯 Beef in soya sauce with brown rice	淡黑椒雞球飯(微辣) Chicken fillet in light black pepper sauce with rice (Hot)	茄茸肉醬意粉 Spaghetti Bolognaise	素肉漢堡包+薯角+粟米粒 Veggie hamburger + potato wedges + sweet corns	✓	
10/5	Thu	粟米肉粒燕麥飯 Diced pork in corn & cream sauce with oat rice	西班牙甘筍雞球飯 Chicken fillet & carrot in tomato sauce with rice	日式牛肉熟狗包+紫薯角+車厘茄 Beef Hotdog + sweet potato wedges + cherry tomato	什菌焗豆乾飯 Mixed mushrooms & dried bean with rice		
11/5	Fri	金菇雞球紅米飯 Chicken fillet in soya sauce with red rice	香濃粟米南瓜魚塊飯 Fish fillet in corn sauce with rice	烤德國腸(豬)併芥末醬薯角 Roasted sausage with potato wedges in mustard sauce	甜咖哩四蔬紅腰豆飯 Mixed vegetables & kidney beans in sweet curry with rice		
14/5	Mon	淡咖哩雞中翼糙米飯(微辣) Chicken wings in light curry with brown rice (Hot)	低脂芝士汁魚塊飯 Fish fillet in light cheese sauce with rice	西班牙肉片意粉 Sliced pork in tomato sauce with spaghetti	黑椒什菜紅腰豆飯(微辣) Mixed vegetables & kidney beans in black pepper sauce with rice (Hot)	✓	
15/5	Tue	沙薑雞脾燕麥飯 Chicken leg in ginger sauce with oat rice	金粟滑蛋牛肉飯 Beef & Scrambled eggs in corn & cream sauce with rice	鮮茄肉醬磨菇意粉 Spaghetti Bolognaise with mushrooms	橄欖油野菌飯 Mushrooms in olive oil with rice	W	
16/5	Wed	拿破倫茄茸牛肉醬紅米飯 Minced beef in tomato sauce with red rice	有機豆腐豬肉碎蒸蛋飯 Minced pork, organic tofu & steamed egg with rice	日式雞球米線 Chicken fillet in soya sauce with rice noodles	甜咖哩薯仔素豆飯 Veggie beans & potato in sweet curry with rice	✓	
17/5	Thu	珍珠笋雜菌魚塊糙米飯 Fish fillet & mushroom with brown rice	金粟馬蹄蒸肉餅飯 Steamed minced pork & corn with rice	低脂芝士薯仔牛肉片長通粉 Sliced beef in light cheese sauce with penne	羅宋汁什菜鮑魚菇飯 Vegetables & abalone mushroom in tomato sauce with rice	W	
18/5	Fri	黑椒牛肉片藜麥飯(微辣) Sliced beef in black pepper sauce with quinoa rice (Hot)	低脂白汁野菌焗雞球飯 Chicken fillet in light cream & mushrooms sauce with rice	珍珠雞+燒賣4粒+粟米粒 Glutinous rice in lotus leaf + fish siu mai (4pcs) + sweet corns	粟米磨菇紅腰豆飯 Corn, mushroom & kidney beans with rice		
21/5	Mon						
22/5	Tue						
23/5	Wed	咖哩魚塊粟米飯(微辣) Fish fillet in curry sauce with corn rice	和風金菇有機豆腐雞粒飯 Diced chicken, mushrooms & organic tofu with rice	鮮茄磨菇肉醬意粉 Spaghetti Bolognaise with mushrooms	香芋南瓜腐竹飯 Taro, pumpkin & bean curd with rice	✓	
24/5	Thu	鮮茄雞球糙米飯 Chicken fillet in tomato sauce with brown rice	黑椒汁豬柳飯(微辣) Pork fillet in black pepper sauce with rice (Hot)	香草烤雞pizza+香味薯角+粟米車厘茄 Herbs and chicken pizza + potato wedges + corns & cherry tomato	鮮菌黃豆薯仔飯 Mushroom, soy beans & potato with rice		
25/5	Fri	中式洋葱雞柳紅米飯 Chicken fillet in soya sauce with red rice	墨西哥海鮮飯 Seafood in tomato sauce with rice	叉燒包+燒賣+牛肉球 Char siu bun + fish siu mai + beef dumplings	時菜素豆有機豆腐飯 Seasonal vegetables, soy beans & organic tofu with rice		
28/5	Mon	黃薑汁魚塊粟米飯 Fish fillet in ginger sauce with corn rice	巴馬臣芝士豚肉飯 Sliced pork in Parmesan cheese sauce with rice	叉燒包+燒賣+牛肉球 Char siu bun + fish siu mai + beef dumplings	低脂芝士磨菇薯仔飯 Mushroom and potato in light cheese sauce with rice	✓	
29/5	Tue	台式牛肉燥燕麥飯 Minced beef in soya sauce with oat rice	京都汁豬柳飯 Pork fillet in sweet & sour sauce with rice	葡汁野菌雞醬配三色烤餅 Chicken and mushrooms sauce with tortilla wrap	茄子菇絲豆乾飯 Eggplant, shredded mushrooms and dried bean with rice		
30/5	Wed	低脂白汁雞球菜飯 Chicken fillet in light cream sauce with vegetable rice	俄國牛肉片飯 Sliced beef in tomato sauce with rice	車厘茄肉醬意粉 Spaghetti Bolognaise	鮑魚菇腐竹黃豆飯 Abalone mushroom, bean curd and soy beans with rice	✓	
31/5	Thu	咖哩薯仔雞翼紅米飯(微辣) Chicken wings & Potato in curry sauce with red rice (Hot)	金粟南瓜魚塊飯 Fish fillet in corn sauce with rice	夏威夷薄餅+香味薯角+粟米車厘茄 Hawaii (Ham, pineapple, cheese) Pizza + potato wedges + corns & cherry tomato	羅漢上素飯 Mixed mushroom with rice		



Lunch Order Form - May 2018

Field Trip Cancellations or Absent Cancellations (*NOT applicable during Inclement Weather Cancellations*)

- *Please call DCK at 2464-1838 before 8:30 a.m. to cancel meals to qualify for a refund / credit.
- *No refunds / credits will be made for meals cancelled after 8:30 a.m.

Inclement Weather Cancellations

- * No refund (i.e. EDB announcement, Black Rainstorm or No. 8 Typhoon Signal)

Important Notices

*Please submit the **original receipt / cheque with the order form by 20 April. Late orders will not be accepted.**

(with student's name, class, and parent's contact numbers at the back)

- *Any illegibly marked choice will be deemed as "A".
- *DCK menu uses boneless fish, but it is encouraged to be cautious when eating.
- *Food may contain egg. Students with egg allergy should not choose the menu.
- *Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut.
- *For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

Payment methods *(original receipt / cheque with student's name, class, parent's contact numbers)*

- * Crossed Cheque payable to "Delicious Chef King Catering Ltd"
- * PPS
 - Bill payment by 18031 > merchant code 9833 > PPS a/c number (P.2 right top) > amount
> mark down the payment reference number on (P.2 right bottom)

Student's Name : _____

Class : _____

Contact number : _____

PPS Account number : _____

Payment Method (Whole Month)	
Meal expenses :	\$ 29.00
The number of days in May :	20 days
Deducting Meals in March:	0 days
Special Deduction in April 26 (Y.3):	0 days
TOTAL AMOUNT : HK\$ 580.0	

Payment Method (Non-whole Month)	
Meal expenses :	\$ 29.00
The number of days in May :	_____ days
Deducting Meals in March:	0 days
Special Deduction in April 26 (Y.3):	0 days
TOTAL AMOUNT : HK\$ _____	

Payment Methods	Company Stamp
<input type="checkbox"/> Cheque <input type="checkbox"/> PPS Confirm Code : _____	
	Date