



**Sha Tin Junior School**  
**Delicious Chef King Catering Ltd.**  
**(2017 November Menu)**



**Food with egg**  
 此款含有蛋類成份



**Food with fish**  
 此款含有魚類



**Western style food**  
 此款為西式餐款

**Year 1-  
Year 2  
Only**

Date	Week	A	B	C	D (Vegitarian)	Fruit	Meal Code
1/11	Wed	鮮茄雞球糙米飯 Chicken in tomato sauce with red rice	金粟南瓜魚塊飯 Pumpkin and pork fillet in corn sauce with rice	四川担担米線 Chili minced pork with rice noodles	瓜粒雜菌豆腐飯 Mixed melons, mushrooms and tofu with rice	✓	
2/11	Thu	低脂芝士汁魚塊粟米飯 Fish fillet in light cheese sauce with corn rice	香芋冬菇蒸雞球飯 Steamed chicken ,taro & mushrooms with rice	蒜香肉片意粉 Sliced pork in garlic sauce with spaghetti	甜咖哩薯仔紅腰豆飯 Red kidney beans,potatoes in curry sauce with rice		
3/11	Fri	香焗焗雞球燕麥飯 Chicken & mushrooms with oat rice	洋蔥汁牛肉飯 Beef in onion sauce with rice	鮮茄肉醬長通粉 Minced pork & tomato with penne	鮮淮山雜菌腐竹飯 Mixed mushrooms,bean curd & yam with rice		
6/11	Mon	黑椒洋蔥雞中翼配鹵水蛋紅米飯(微辣) Chicken wings & brine eggs in black pepper and onion sauce with rice (Hot/Spicy)	意式茄茸魚塊飯 Fish in tomato sauce with rice	菜肉包+燒賣+迷你珍珠雞 Pork bun,siu mai and glutinous rice in lotus leaf	野菌薯仔豆乾飯 Dried bean curd ,mushrooms & potatoes with rice	✓	
7/11	Tue	低脂芝士汁雞球燕麥飯 Chicken in light cheese sauce with oat rice	日式白麵枝汁豬柳飯 Pork in shiro miso sauce with rice	鮮茄免治牛肉長通粉 Minced beef in tomato sauce with penne	香芋菇絲三色豆飯 Taro,mushrooms & tricolour beans with rice		
8/11	Wed	香葱薯仔雞球糙米飯 Chicken fillet & potatoes in chive sauce with red rice	黃菟汁魚塊飯 Fish in ginger sauce with rice	低脂芝士白汁雞柳通粉 Chicken in light cream sauce with macaroni	甜咖哩薯仔雜豆飯 Mixed beans in curry sauce with rice	✓	
9/11	Thu	金粟滑蛋魚塊粟米飯 Scrambled eggs and diced fish in corn sauce with corn rice	鮮茄菠蘿肉片飯 Sliced pork in fresh tomato sauce with rice	日式雞球米線 Chicken in soya sauce with rice noodles	羅漢齋燴豆腐飯 Mixed mushrooms and tofu with rice		
10/11	Fri	蜜汁雞腩燕麥飯 Chicken leg in honey sauce with oat rice	鮮茄洋蔥肉片飯 Sliced pork in fresh tomato & onion sauce with rice	魚柳包+磨菇汁通粉+田園蔬菜 Fish fillet bun + macaroni in mushroom sauce	羅漢齋上素飯 Mixed mushrooms with rice		
13/11	Mon	粟米南瓜茸魚塊糙米飯 Fish with corn & pumpkin sauce with brown rice	羅宋汁焗雞球飯 Chicken in tomato sauce with rice	黃菟汁肉片意粉 Sliced pork in ginger sauce with spaghetti	低脂白汁磨菇素豆飯 Mushrooms,beans in low fat cream sauce with rice	✓	
14/11	Tue	韓式蒸雞球紅米飯 Steamed chicken with red rice	燒汁墨魚丸拼豬柳漢堡扒飯 Hamburg steak and cuttlefish ball in BBQ sauce with rice	鮮茄肉醬意粉 Spaghetti in tomato sauce	低脂芝士汁雙菇紅腰豆飯 Red kidney beans & mushrooms in light cheese sauce with rice		
15/11	Wed	茄子牛肉鬆糙米飯 Minced Beef & eggplants with brown rice	低脂芝士汁薯仔肉丁飯 Pork in low light cheese sauce with rice	日式雞絲米線 Chicken in soya sauce with rice noodles	甜咖哩雜菌雞心豆蘿葡飯 Mixed mushrooms, chick peas and radish in sweet curry sauce with rice	✓	
16/11	Thu	豆腐牛肉碎蒸蛋紅米飯 Steamed egg ,minced beef & tofu with red rice	京都汁豬柳飯 Pork in tomato sauce with rice	鮮茄汁菠蘿肉絲意粉 Sliced pork in pineapple & tomato sauce with spaghetti	南瓜紅腰豆雞腩飯 Pumpkin, soy beans and mixed mushrooms with rice		
17/11	Fri	日式雞中翼粟米飯 Chicken wings with corn rice	甜咖哩魚塊飯 Fish in curry sauce with rice	烤德國腸(豬)伴芥末醬薯角 Roasted pork sausage with mustard sauce and potato wedges	粟米磨菇雪耳豆腐飯 Tofu white fungus in corn & mushrooms sauce with rice		
20/11	Mon	洋蔥汁魚塊紅米飯 Fish in onion sauce with red rice	鮮菇雞球飯 Chicken & mushrooms with rice	金粟磨菇肉醬意粉 Spaghetti in tomato sauce	甜咖哩雜菌紅腰豆飯 Red kidney beans & mixed mushrooms in curry sauce with rice	✓	
21/11	Tue	低脂白汁薯仔豬柳糙米飯 Pork in low fat cream sauce with brown rice	甜咖哩雞球飯 Chicken in curry sauce with rice	夏威夷薄餅配千島醬香味薯角 Hawaiian pizza and potato wedges in thousand island dressing	時瓜雪耳腐竹鮮菇飯 Bean curd,white fungus & mixed mushrooms with rice		
22/11	Wed	南瓜汁魚塊燕麥飯 Fish in pumpkin sauce with oat rice	香菇豆腐雞柳飯 Chicken ,mushroom & tofu with rice	鮮茄肉醬通粉 Minced pork in tomato sauce with macaroni	珍珠筍雜菌豆乾飯 Bean curd mixed mushrooms with rice	✓	
23/11	Thu	黑椒雞中翼配鹵水蛋燕麥飯(微辣) Chicken wings in black pepper sauce with oat rice	鮮茄魚塊飯 Fish fillet in tomato sauce with rice	金粟磨菇肉醬意粉 Minced pork in corns and mushrooms sauce with spaghetti	低脂芝士雜菌意粉 Mixed mushroom is light cheese sauce with spaghetti		
24/11	Fri	蒜香淮山蒸雞球燕麥飯 Steamed chicken with oat rice	低脂馬來咖哩海鮮飯 Sea food in curry sauce with rice	低脂白汁肉片意粉 Sliced pork in low fat cream sauce with spaghetti	南瓜黃豆雜菌飯 Pumpkin, soy beans and mixed mushrooms with rice		
27/11	Mon	台式牛肉燥紅米飯 Minced beef with red rice	金粟南瓜雞球飯 Chicken in pumpkin & corn sauce with rice	健怡咖哩肉片通粉 Sliced pork in curry sauce with macaroni	茄子雙菇豆腐飯 Tofu,mushrooms & eggplants with rice	✓	
28/11	Tue	低脂白汁魚塊糙米飯 Fish in low fat cream sauce with brown rice	粟米肉粒飯 Pork in corn sauce with rice	叉燒包+燒賣+迷你珍珠雞 Cha Siu Bun+Siu Mai+glutinous rice in lotus leaf	黃菟汁蘿葡紅腰豆飯 Red kidney beans & radish in ginger sauce with rice		
29/11	Wed	粉絲豆腐蒸蛋紅米飯 Steamed eggs ,tofu in red rice	低脂白汁魚塊飯 Fish in light cream sauce with rice	淡黑椒肉片意粉(微辣) Sliced pork in black pepper sauce with spaghetti	意式雜菌黃豆飯 Mixed mushrooms & soy beans in tomato sauce with rice	✓	
30/11	Thu	蜜汁雞中翼鹵水蛋燕麥飯 Chicken wings in honey sauce with oat rice	洋蔥牛肉飯 Beef & onion sauce with rice	鮮茄茸肉醬意粉 Spaghetti in tomato sauce	淡咖哩薯仔百頁豆腐飯(微辣) Tofu & potato in curry sauce with rice		

# Lunch Order Form - November 2017

**Field Trip Cancellations or Absent Cancellations** (\*NOT applicable during Inclement Weather Cancellations\*)

- \*Please call DCK at 2464-1838 before 8:30 a.m. to cancel meals to qualify for a refund / credit.
- \*No refunds / credits will be made for meals cancelled after 8:30 a.m.

**Inclement Weather Cancellations**

- \* No refund (i.e. EDB announcement, Black Rainstorm or No. 8 Typhoon Signal)

**Important Notices**

- \*Please submit the **original receipt / cheque with the order form by 19 October. Late orders will not be accepted.**  
*(with student's name, class, and parent's contact numbers at the back)*
- \*Any illegibly marked choice will be deemed as "A".
- \*DCK menu uses boneless fish, but it is encouraged to be cautious when eating.
- \*Food may contain egg. Students with egg allergy should not choose the menu.
- \*Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut.
- \*For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

**Payment methods** *(original receipt / cheque with student's name, class, parent's contact numbers)*

- \* Crossed Cheque payable to "Delicious Chef King Catering Ltd"
- \* PPS
  - Bill payment by 18031 > merchant code 9833 > PPS a/c number (P.2 right top) > amount  
 > mark down the payment reference number on (P.2 right bottom)

**Student's Name :** \_\_\_\_\_

**Class :** \_\_\_\_\_

**Contact number :** \_\_\_\_\_

**PPS Account number :** \_\_\_\_\_

Payment Method (Whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	22 days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ 638.0</b>	

Payment Method (Non-whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	_____ days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ _____</b>	

Payment Methods	Company Stamp
<input type="checkbox"/> Cheque <input type="checkbox"/> PPS Confirm Code : _____	
	<b>Date</b>



Date	Week	A	B	C	D (Vegitarian)	Fruit	Meal Code	
1/11	Wed	鮮茄雞球糙米飯 Chicken in tomato sauce with red rice	金粟南瓜魚塊飯 Pumpkin and pork fillet in corn sauce with rice	四川担担米線 Chili minced pork with rice noodles	瓜粒雜菌豆腐飯 Mixed melons, mushrooms and tofu with rice	✓		
2/11	Thu	低脂芝士汁魚塊粟米飯 Fish fillet in light cheese sauce with corn rice	香芋冬菇蒸雞球飯 Steamed chicken ,taro & mushrooms with rice	蒜香肉片意粉 Sliced pork in garlic sauce with spaghetti	甜咖哩薯仔紅腰豆飯 Red kidney beans,potatoes in curry sauce with rice			
3/11	Fri	香焗焗雞球燕麥飯 Chicken & mushrooms with oat rice	洋葱牛肉飯 Beef in onion sauce with rice	鮮茄肉醬長通粉 Minced pork & tomato with penne	鮮淮山雜菌腐竹飯 Mixed mushrooms,bean curd & yam with rice			
6/11	Mon	黑椒洋蔥雞中翼配鹵水蛋紅米飯(微辣) Chicken wings & brine eggs in black pepper and onion sauce with rice (Hot/Spicy)	意式茄茸魚塊飯 Fish in tomato sauce with rice	菜肉包+燒賣+迷你珍珠雞 Pork bun,siu mai and glutinous rice in lotus leaf	野菌薯仔豆乾飯 Dried bean curd ,mushrooms & potatoes with rice	✓		
7/11	Tue	低脂芝士汁雞球燕麥飯 Chicken in light cheese sauce with oat rice	日式白麵枝汁豬柳飯 Pork in shiro miso sauce with rice	鮮茄免治牛肉長通粉 Minced beef in tomato sauce with penne	香芋菇絲三色豆飯 Taro,mushrooms & tricolour beans with rice			
8/11	Wed	香葱薯仔雞球糙米飯 Chicken fillet & potatoes in chive sauce with red rice	黃菟汁魚塊飯 Fish in ginger sauce with rice	低脂芝士白汁雞柳通粉 Chicken in light cream sauce with macaroni	甜咖哩薯仔雜豆飯 Mixed beans in curry sauce with rice	✓		
9/11	Thu	金粟滑蛋魚塊粟米飯 Scrambled eggs and diced fish in corn sauce with corn rice	鮮茄菠蘿肉片飯 Sliced pork in fresh tomato sauce with rice	日式雞球米線 Chicken in soya sauce with rice noodles	羅漢齋燴豆腐飯 Mixed mushrooms and tofu with rice			
10/11	Fri	蜜汁雞腩燕麥飯 Chicken leg in honey sauce with oat rice	鮮茄洋葱肉片飯 Sliced pork in fresh tomato & onion sauce with rice	魚柳包+磨菇汁通粉+田園蔬菜 Fish fillet bun + macaroni in mushroom sauce	羅漢齋上素飯 Mixed mushrooms with rice			
13/11	Mon	粟米南瓜茸魚塊糙米飯 Fish with corn & pumpkin sauce with brown rice	羅宋汁焗雞球飯 Chicken in tomato sauce with rice	黃菟汁肉片意粉 Sliced pork in ginger sauce with spaghetti	低脂白汁磨菇素豆飯 Mushrooms,beans in low fat cream sauce with rice	✓		
14/11	Tue	韓式蒸雞球紅米飯 Steamed chicken with red rice	燒汁墨魚丸拼豬柳漢堡扒飯 Hamburg steak and cuttlefish ball in BBQ sauce with rice	鮮茄肉醬意粉 Spaghetti in tomato sauce	低脂芝士汁雙菇紅腰豆飯 Red kidney beans & mushrooms in light cheese sauce with rice			
15/11	Wed	茄子牛肉鬆糙米飯 Minced Beef & eggplants with brown rice	低脂芝士汁薯仔肉丁飯 Pork in low light cheese sauce with rice	日式雞絲米線 Chicken in soya sauce with rice noodles	甜咖哩雜菌雞心豆蘿蔔飯 Mixed mushrooms, chick peas and radish in sweet curry sauce with rice	✓		
16/11	Thu	豆腐牛肉碎蒸蛋紅米飯 Steamed egg ,minced beef & tofu with red rice	京都汁豬柳飯 Pork in tomato sauce with rice	鮮茄汁菠蘿肉絲意粉 Sliced pork in pineapple & tomato sauce with spaghetti	南瓜紅腰豆雞腩飯 Pumpkin, soy beans and mixed mushrooms with rice			
17/11	Fri	日式雞中翼粟米飯 Chicken wings with corn rice	甜咖哩魚塊飯 Fish in curry sauce with rice	烤德國腸(豬)伴芥末醬薯角 Roasted pork sausage with mustard sauce and potato wedges	粟米磨菇雪耳豆腐飯 Tofu white fungus in corn & mushrooms sauce with rice			
20/11	Mon	洋葱汁魚塊紅米飯 Fish in onion sauce with red rice	鮮菇雞球飯 Chicken & mushrooms with rice	金粟磨菇肉醬意粉 Spaghetti in tomato sauce	甜咖哩雜菌紅腰豆飯 Red kidney beans & mixed mushrooms in curry sauce with rice	✓		
21/11	Tue	低脂白汁薯仔豬柳糙米飯 Pork in low fat cream sauce with brown rice	甜咖哩雞球飯 Chicken in curry sauce with rice	夏威夷薄餅配千島醬香味薯角 Hawaiian pizza and potato wedges in thousand island dressing	時瓜雪耳腐竹鮮菇飯 Bean curd,white fungus & mixed mushrooms with rice			
22/11	Wed	南瓜汁魚塊燕麥飯 Fish in pumpkin sauce with oat rice	香菇豆腐雞柳飯 Chicken ,mushroom & tofu with rice	鮮茄肉醬通粉 Minced pork in tomato sauce with macaroni	珍珠筍雜菌豆乾飯 Bean curd mixed mushrooms with rice	✓		
23/11	Thu	黑椒雞中翼配鹵水蛋燕麥飯(微辣) Chicken wings in black pepper sauce with oat rice	鮮茄魚塊飯 Fish fillet in tomato sauce with rice	金粟磨菇肉醬意粉 Minced pork in corns and mushrooms sauce with spaghetti	低脂芝士雜菌意粉 Mixed mushroom is light cheese sauce with spaghetti			
24/11	Fri	<b>Y3 Camp</b>						
27/11	Mon	台式牛肉燥紅米飯 Mined beef with red rice	金粟南瓜雞球飯 Chicken in pumpkin & corn sauce with rice	健怡咖哩肉片通粉 Sliced pork in curry sauce with macaroni	茄子雙菇豆腐飯 Tofu,mushrooms & eggplants with rice	✓		
28/11	Tue	低脂白汁魚塊糙米飯 Fish in low fat cream sauce with brown rice	粟米肉粒飯 Pork in corn sauce with rice	叉燒包+燒賣+迷你珍珠雞 Cha Siu Bun+Siu Mai+glutinous rice in lotus leaf	黃菟汁蘿蔔紅腰豆飯 Red kidney beans & radish in ginger sauce with rice			
29/11	Wed	粉絲豆腐蒸蛋紅米飯 Steamed eggs ,tofu in red rice	低脂白汁魚塊飯 Fish in light cream sauce with rice	淡黑椒肉片意粉(微辣) Sliced pork in black pepper sauce with spaghetti	意式雜菌黃豆飯 Mixed mushrooms & soy beans in tomato sauce with rice	✓		
30/11	Thu	蜜汁雞中翼鹵水蛋燕麥飯 Chicken wings in honey sauce with oat rice	洋葱牛肉飯 Beef & onion sauce with rice	鮮茄茸肉醬意粉 Spaghetti in tomato sauce	淡咖哩薯仔百頁豆腐飯(微辣) Tofu & potato in curry sauce with rice			

# Lunch Order Form - November 2017

**Field Trip Cancellations or Absent Cancellations** (\*NOT applicable during Inclement Weather Cancellations\*)

- \*Please call DCK at 2464-1838 before 8:30 a.m. to cancel meals to qualify for a refund / credit.
- \*No refunds / credits will be made for meals cancelled after 8:30 a.m.

**Inclement Weather Cancellations**

- \* No refund (i.e. EDB announcement, Black Rainstorm or No. 8 Typhoon Signal)

**Important Notices**

- \*Please submit the **original receipt / cheque with the order form by 19 October. Late orders will not be accepted.**  
*(with student's name, class, and parent's contact numbers at the back)*
- \*Any illegibly marked choice will be deemed as "A".
- \*DCK menu uses boneless fish, but it is encouraged to be cautious when eating.
- \*Food may contain egg. Students with egg allergy should not choose the menu.
- \*Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut.
- \*For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

**Payment methods** *(original receipt / cheque with student's name, class, parent's contact numbers)*

- \* Crossed Cheque payable to "Delicious Chef King Catering Ltd"
- \* PPS
  - Bill payment by 18031 > merchant code 9833 > PPS a/c number (P.2 right top) > amount  
 > mark down the payment reference number on (P.2 right bottom)

**Student's Name :** \_\_\_\_\_

**Class :** \_\_\_\_\_

**Contact number :** \_\_\_\_\_

**PPS Account number :** \_\_\_\_\_

Payment Method (Whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	21 days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ 609.0</b>	

Payment Method (Non-whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	_____ days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ _____</b>	

Payment Methods	Company Stamp
<input type="checkbox"/> Cheque <input type="checkbox"/> PPS Confirm Code : _____	
	<b>Date</b>



Date	Week	A	B	C	D (Vergtarian)	Fruit	Meal Code	
1/11	Wed	鮮茄雞球糙米飯 Chicken in tomato sauce with red rice	金粟南瓜魚塊飯 Pumpkin and pork fillet in corn sauce with rice	四川担担米線 Chili minced pork with rice noodles	瓜粒雜菌豆腐飯 Mixed melons, mushrooms and tofu with rice	✓		
2/11	Thu	低脂芝士魚塊粟米飯 Fish fillet in light cheese sauce with corn rice	香芋冬菇蒸雞球飯 Steamed chicken ,taro & mushrooms with rice	蒜香肉片意粉 Sliced pork in garlic sauce with spaghetti	甜咖哩薯仔紅腰豆飯 Red kidney beans,potatoes in curry sauce with rice			
3/11	Fri	香姑焗雞球燕麥飯 Chicken & mushrooms with oat rice	洋蔥汁牛肉飯 Beef in onion sauce with rice	鮮茄肉醬長通粉 Minced pork & tomato with penne	鮮淮山雜菌腐竹飯 Mixed mushrooms,bean curd & yam with rice			
6/11	Mon	黑椒洋蔥雞中翼配鹵水蛋紅米飯(微辣) Chicken wings & brine eggs in black pepper and onion sauce with rice (Hot/Spicy)	意式茄茸魚塊飯 Fish in tomato sauce with rice	菜肉包+燒賣+迷你珍珠雞 Pork bun,siu mai and glutinous rice in lotus leaf	野菌薯仔豆乾飯 Dried bean curd ,mushrooms & potatoes with rice	✓		
7/11	Tue	低脂芝士汁雞球燕麥飯 Chicken in light cheese sauce with oat rice	日式白麵豉汁豬柳飯 Pork in shiro miso sauce with rice	鮮茄免治牛肉長通粉 Minced beef in tomato sauce with penne	香芋菇絲三色豆飯 Taro,mushrooms & tricolour beans with rice			
8/11	Wed	香葱薯仔雞球糙米飯 Chicken fillet & potatoes in chive sauce with red rice	黃菘汁魚塊飯 Fish in ginger sauce with rice	低脂芝士白汁雞柳通粉 Chicken in light cream sauce with macaroni	甜咖哩薯仔雜豆飯 Mixed beans in curry sauce with rice	✓		
9/11	Thu	金粟滑蛋魚塊粟米飯 Scrambled eggs and diced fish in corn sauce with corn rice	鮮茄菠蘿肉片飯 Sliced pork in fresh tomato sauce with rice	日式雞球米線 Chicken in soya sauce with rice noodles	羅漢齋燴豆腐飯 Mixed mushrooms and tofu with rice			
10/11	Fri	<b>Y4-Y6 Athletics Day</b>						
13/11	Mon	粟米南瓜茸魚塊糙米飯 Fish with corn & pumpkin sauce with brown rice	羅宋汁焗雞球飯 Chicken in tomato sauce with rice	黃菘汁肉片意粉 Sliced pork in ginger sauce with spaghetti	低脂白汁磨菇素豆飯 Mushrooms,beans in low fat cream sauce with rice	✓		
14/11	Tue	韓式蒸雞球紅米飯 Steamed chicken with red rice	燒汁墨魚丸拼豬柳漢堡扒飯 Hamburg steak and cuttlefish ball in BBQ sauce with rice	鮮茄肉醬意粉 Spaghetti in tomato sauce	低脂芝士汁雙菇紅腰豆飯 Red kidney beans & mushrooms in light cheese sauce with rice			
15/11	Wed	茄子牛肉鬆糙米飯 Minced Beef & eggplants with brown rice	低脂芝士汁薯仔肉丁飯 Pork in low light cheese sauce with rice	日式雞絲米線 Chicken in soya sauce with rice noodles	甜咖哩雜菌雞心豆蘿葡飯 Mixed mushrooms, chick peas and radish in sweet curry sauce with rice	✓		
16/11	Thu	豆腐牛肉碎蒸蛋紅米飯 Steamed egg ,minced beef & tofu with red rice	京都汁豬柳飯 Pork in tomato sauce with rice	鮮茄汁菠蘿肉絲意粉 Sliced pork in pineapple & tomato sauce with spaghetti	南瓜紅腰豆雞柳飯 Pumpkin, soy beans and mixed mushrooms with rice			
17/11	Fri	日式雞中翼粟米飯 Chicken wings with corn rice	甜咖哩魚塊飯 Fish in curry sauce with rice	烤德國腸(豬)伴芥末醬薯角 Roasted pork sausage with mustard sauce and potato wedges	粟米磨菇雪耳豆腐飯 Tofu white fungus in corn & mushrooms sauce with rice			
20/11	Mon	<b>Y4 Camp</b>						
21/11	Tue	<b>Y4 Camp</b>						
22/11	Wed	南瓜汁魚塊燕麥飯 Fish in pumpkin sauce with oat rice	香菇豆腐雞柳飯 Chicken ,mushroom & tofu with rice	鮮茄肉醬通粉 Minced pork in tomato sauce with macaroni	珍珠筍雜菌豆乾飯 Bean curd mixed mushrooms with rice	✓		
23/11	Thu	黑椒雞中翼配鹵水蛋燕麥飯(微辣) Chicken wings in black pepper sauce with oat rice	鮮茄魚塊飯 Fish fillet in tomato sauce with rice	金粟磨菇肉醬意粉 Minced pork in corns and mushrooms sauce with spaghetti	低脂芝士雜菌意粉 Mixed mushroom is light cheese sauce with spaghetti			
24/11	Fri	蒜香淮山蒸雞球燕麥飯 Steamed chicken with oat rice	低脂馬來咖哩海鮮飯 Sea food in curry sauce with rice	低脂白汁肉片意粉 Sliced pork in low fat cream sauce with spaghetti	南瓜黃豆雜菌飯 Pumpkin, soy beans and mixed mushrooms with rice			
27/11	Mon	台式牛肉燥紅米飯 Minced beef with red rice	金粟南瓜雞球飯 Chicken in pumpkin & corn sauce with rice	健怡咖哩肉片通粉 Sliced pork in curry sauce with macaroni	茄子雙菇豆腐飯 Tofu,mushrooms & eggplants with rice	✓		
28/11	Tue	低脂白汁魚塊糙米飯 Fish in low fat cream sauce with brown rice	粟米肉粒飯 Pork in corn sauce with rice	叉燒包+燒賣+迷你珍珠雞 Cha Siu Bun+Siua Mai+glutinous rice in lotus leaf	黃菘汁蘿葡紅腰豆飯 Red kidney beans & radish in ginger sauce with rice			
29/11	Wed	粉絲豆腐蒸蛋紅米飯 Steamed eggs ,tofu in red rice	低脂白汁魚塊飯 Fish in light cream sauce with rice	淡黑椒肉片意粉(微辣) Sliced pork in black pepper sauce with spaghetti	意式雜菌黃豆飯 Mixed mushrooms & soy beans in tomato sauce with rice	✓		
30/11	Thu	蜜汁雞中翼鹵水蛋燕麥飯 Chicken wings in honey sauce with oat rice	洋蔥牛肉飯 Beef & onion sauce with rice	鮮茄茸肉醬意粉 Spaghetti in tomato sauce	淡咖哩薯仔百頁豆腐飯(微辣) Tofu & potato in curry sauce with rice			

# Lunch Order Form - November 2017

**Field Trip Cancellations or Absent Cancellations** (\*NOT applicable during Inclement Weather Cancellations\*)

- \*Please call DCK at 2464-1838 before 8:30 a.m. to cancel meals to qualify for a refund / credit.
- \*No refunds / credits will be made for meals cancelled after 8:30 a.m.

**Inclement Weather Cancellations**

- \* No refund (i.e. EDB announcement, Black Rainstorm or No. 8 Typhoon Signal)

**Important Notices**

- \*Please submit the **original receipt / cheque with the order form by 19 October. Late orders will not be accepted.**  
*(with student's name, class, and parent's contact numbers at the back)*
- \*Any illegibly marked choice will be deemed as "A".
- \*DCK menu uses boneless fish, but it is encouraged to be cautious when eating.
- \*Food may contain egg. Students with egg allergy should not choose the menu.
- \*Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut.
- \*For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

**Payment methods** *(original receipt / cheque with student's name, class, parent's contact numbers)*

- \* Crossed Cheque payable to "Delicious Chef King Catering Ltd"
- \* PPS
  - Bill payment by 18031 > merchant code 9833 > PPS a/c number (P.2 right top) > amount  
 > mark down the payment reference number on (P.2 right bottom)

**Student's Name :** \_\_\_\_\_

**Class :** \_\_\_\_\_

**Contact number :** \_\_\_\_\_

**PPS Account number :** \_\_\_\_\_

Payment Method (Whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	19 days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ 551.0</b>	

Payment Method (Non-whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	_____ days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ _____</b>	

Payment Methods	Company Stamp
<input type="checkbox"/> Cheque <input type="checkbox"/> PPS Confirm Code : _____	
	<b>Date</b>



Date	Week	A	B	C	D (Vergtarian)	Fruit	Meal Code	
1/11	Wed	鮮茄雞球糙米飯 Chicken in tomato sauce with red rice	金粟南瓜魚塊飯 Pumpkin and pork fillet in corn sauce with rice	四川担担米線 Chili minced pork with rice noodles	瓜粒雜菌豆腐飯 Mixed melons, mushrooms and tofu with rice	✓		
2/11	Thu	低脂芝士魚塊粟米飯 Fish fillet in light cheese sauce with corn rice	香芋冬菇蒸雞球飯 Steamed chicken ,taro & mushrooms with rice	蒜香肉片意粉 Sliced pork in garlic sauce with spaghetti	甜咖哩薯仔紅腰豆飯 Red kidney beans,potatoes in curry sauce with rice			
3/11	Fri	香菇焗雞球燕麥飯 Chicken & mushrooms with oat rice	洋葱汁牛肉飯 Beef in onion sauce with rice	鮮茄肉醬長通粉 Minced pork & tomato with penne	鮮淮山雜菌腐竹飯 Mixed mushrooms,bean curd & yam with rice			
6/11	Mon	<b>Y5 Camp</b>						
7/11	Tue							
8/11	Wed							
9/11	Thu	金粟滑蛋魚塊粟米飯 Scrambled eggs and diced fish in corn sauce with corn rice	鮮茄菠蘿肉片飯 Sliced pork in fresh tomato sauce with rice	日式雞球米線 Chicken in soya sauce with rice noodles	羅漢齋焗豆腐飯 Mixed mushrooms and tofu with rice			
10/11	Fri	<b>Y4-Y6 Athletics Day</b>						
13/11	Mon	粟米南瓜茸魚塊糙米飯 Fish with corn & pumpkin sauce with brown rice	羅宋汁焗雞球飯 Chicken in tomato sauce with rice	黃菘汁肉片意粉 Sliced pork in ginger sauce with spaghetti	低脂白汁磨菇素豉飯 Mushrooms,beans in low fat cream sauce with rice	✓		
14/11	Tue	韓式蒸雞球紅米飯 Steamed chicken with red rice	燒汁墨魚丸拼豬柳漢堡扒飯 Hamburg steak and cuttlefish ball in BBQ sauce with rice	鮮茄肉醬意粉 Spaghetti in tomato sauce	低脂芝士汁雙菇紅腰豆飯 Red kidney beans & mushrooms in light cheese sauce with rice			
15/11	Wed	茄子牛肉鬆糙米飯 Mincd Beef & eggplants with brown rice	低脂芝士汁薯仔肉丁飯 Pork in low light cheese sauce with rice	日式雞絲米線 Chicken in soya sauce with rice noodles	甜咖哩雜菌雞心豆蘿蔔飯 Mixed mushrooms, chick peas and radish in sweet curry sauce with rice	✓		
16/11	Thu	豆腐牛肉碎蒸蛋紅米飯 Steamed egg ,minced beef & tofu with red rice	京都汁豬柳飯 Pork in tomato sauce with rice	鮮茄汁菠蘿肉絲意粉 Sliced pork in pineapple & tomato sauce with spaghetti	南瓜紅腰豆雞脾飯 Pumpkin, soy beans and mixed mushrooms with rice			
17/11	Fri	日式雞中翼粟米飯 Chicken wings with corn rice	甜咖哩魚塊飯 Fish in curry sauce with rice	烤德國腸(豬)伴芥末醬薯角 Roasted pork sausage with mustard sauce and potato wedges	粟米磨菇雪耳豆腐飯 Tofu white fungus in corn & mushrooms sauce with rice			
20/11	Mon	洋葱汁魚塊紅米飯 Fish in onion sauce with red rice	鮮菇雞球飯 Chicken & mushrooms with rice	金粟磨菇肉醬意粉 Spaghetti in tomato sauce	甜咖哩雜菌紅腰豆飯 Red kidney beans & mixed mushrooms in curry sauce with rice	✓		
21/11	Tue	低脂白汁薯仔豬柳糙米飯 Pork in low fat cream sauce with brown rice	甜咖哩雞球飯 Chicken in curry sauce with rice	夏威夷薄餅配千島醬香味薯角 Hawaiian pizza and potato wedges in thousand island dressing	時瓜雪耳腐竹鮮菇飯 Bean curd,white fungus & mixed mushrooms with rice			
22/11	Wed	南瓜汁魚塊燕麥飯 Fish in pumpkin sauce with oat rice	香菇豆腐雞柳飯 Chicken ,mushroom & tofu with rice	鮮茄肉醬通粉 Minced pork in tomato sauce with macaroni	珍珠筍雜菌豆乾飯 Bean curd mixed mushrooms with rice	✓		
23/11	Thu	黑椒雞中翼配鹵水蛋燕麥飯(微辣) Chicken wings in black pepper sauce with oat rice	鮮茄魚塊飯 Fish fillet in tomato sauce with rice	金粟磨菇肉醬意粉 Minced pork in corns and mushrooms sauce with spaghetti	低脂芝士雜菌意粉 Mixed mushroom is light cheese sauce with spaghetti			
24/11	Fri	蒜香淮山蒸雞球燕麥飯 Steamed chicken with oat rice	低脂馬來咖哩海鮮飯 Sea food in curry sauce with rice	低脂白汁肉片意粉 Sliced pork in low fat cream sauce with spaghetti	南瓜黃豆雜菌飯 Pumpkin, soy beans and mixed mushrooms with rice			
27/11	Mon	台式牛肉燥紅米飯 Mined beef with red rice	金粟南瓜雞球飯 Chicken in pumpkin & corn sauce with rice	健怡咖哩肉片通粉 Sliced pork in curry sauce with macaroni	茄子雙菇豆腐飯 Tofu,mushrooms & eggplants with rice	✓		
28/11	Tue	低脂白汁魚塊糙米飯 Fish in low fat cream sauce with brown rice	粟米肉粒飯 Pork in corn sauce with rice	叉燒包+燒賣+迷你珍珠雞 Cha Siu Bun+Siu Mai+glutinous rice in lotus leaf	黃菘汁蘿蔔紅腰豆飯 Red kidney beans & radish in ginger sauce with rice			
29/11	Wed	粉絲豆腐蒸蛋紅米飯 Steamed eggs ,tofu in red rice	低脂白汁魚塊飯 Fish in light cream sauce with rice	淡黑椒肉片意粉(微辣) Sliced pork in black pepper sauce with spaghetti	意式雜菌黃豆飯 Mixed mushrooms & soy beans in tomato sauce with rice	✓		
30/11	Thu	蜜汁雞中翼鹵水蛋燕麥飯 Chicken wings in honey sauce with oat rice	洋葱牛肉飯 Beef & onion sauce with rice	鮮茄茸肉醬意粉 Spaghetti in tomato sauce	淡咖哩薯仔百頁豆腐飯(微辣) Tofu & potato in curry sauce with rice			

# Lunch Order Form - November 2017

**Field Trip Cancellations or Absent Cancellations** (\*NOT applicable during Inclement Weather Cancellations\*)

- \*Please call DCK at 2464-1838 before 8:30 a.m. to cancel meals to qualify for a refund / credit.
- \*No refunds / credits will be made for meals cancelled after 8:30 a.m.

**Inclement Weather Cancellations**

- \* No refund (i.e. EDB announcement, Black Rainstorm or No. 8 Typhoon Signal)

**Important Notices**

- \*Please submit the **original receipt / cheque with the order form by 19 October. Late orders will not be accepted.**  
*(with student's name, class, and parent's contact numbers at the back)*
- \*Any illegibly marked choice will be deemed as "A".
- \*DCK menu uses boneless fish, but it is encouraged to be cautious when eating.
- \*Food may contain egg. Students with egg allergy should not choose the menu.
- \*Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut.
- \*For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

**Payment methods** *(original receipt / cheque with student's name, class, parent's contact numbers)*

- \* Crossed Cheque payable to "Delicious Chef King Catering Ltd"
- \* PPS
  - a. Bill payment by 18031 > merchant code 9833 > PPS a/c number (P.2 right top) > amount  
 > mark down the payment reference number on (P.2 right bottom)

**Student's Name :** \_\_\_\_\_

**Class :** \_\_\_\_\_

**Contact number :** \_\_\_\_\_

**PPS Account number :** \_\_\_\_\_

Payment Method (Whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	18 days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ 522.0</b>	

Payment Method (Non-whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	_____ days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ _____</b>	

Payment Methods	Company Stamp
<input type="checkbox"/> Cheque <input type="checkbox"/> PPS Confirm Code : _____	
	<b>Date</b>





Date	Week	A	B	C	D (Vegitarian)	Fruit	Meal Code	
1/11	Wed	鮮茄雞球糙米飯 Chicken in tomato sauce with red rice	金粟南瓜魚塊飯 Pumpkin and pork fillet in corn sauce with rice	四川担担米線 Chili minced pork with rice noodles	瓜粒雜菌豆腐飯 Mixed melons, mushrooms and tofu with rice	✓		
2/11	Thu	低脂芝士汁魚塊粟米飯 Fish fillet in light cheese sauce with corn rice	香芋冬菇蒸雞球飯 Steamed chicken ,taro & mushrooms with rice	蒜香肉片意粉 Sliced pork in garlic sauce with spaghetti	甜咖哩薯仔紅腰豆飯 Red kidney beans,potatoes in curry sauce with rice			
3/11	Fri	香菇焗雞球燕麥飯 Chicken & mushrooms with oat rice	洋葱汁牛肉飯 Beef in onion sauce with rice	鮮茄肉醬長通粉 Minced pork & tomato with penne	鮮淮山雜菌腐竹飯 Mixed mushrooms,bean curd & yam with rice			
6/11	Mon	黑椒洋葱雞中翼配鹵水蛋紅米飯(微辣) Chicken wings & brine eggs in black pepper and onion sauce with rice (Hot/Spicy)	意式茄茸魚塊飯 Fish in tomato sauce with rice	菜肉包+燒賣+迷你珍珠雞 Pork bun,siu mai and glutinous rice in lotus leaf	野菌薯仔豆乾飯 Dried bean curd ,mushrooms & potatoes with rice	✓		
7/11	Tue	低脂芝士汁雞球燕麥飯 Chicken in light cheese sauce with oat rice	日式白麵豉汁豬柳飯 Pork in shiro miso sauce with rice	鮮茄免治牛肉長通粉 Minced beef in tomato sauce with penne	香芋菇絲三色豆飯 Taro,mushrooms & tricolour beans with rice			
8/11	Wed	香葱薯仔雞球糙米飯 Chicken fillet & potatoes in chive sauce with red rice	黃羌汁魚塊飯 Fish in ginger sauce with rice	低脂芝士白汁雞柳通粉 Chicken in light cream sauce with macaroni	甜咖哩薯仔雜豆飯 Mixed beans in curry sauce with rice	✓		
9/11	Thu	金粟滑蛋魚塊粟米飯 Scrambled eggs and diced fish in corn sauce with corn rice	鮮茄菠蘿肉片飯 Sliced pork in fresh tomato sauce with rice	日式雞球米線 Chicken in soya sauce with rice noodles	羅漢齋焗豆腐飯 Mixed mushrooms and tofu with rice			
10/11	Fri	<b>Y4-Y6 Athletics Day</b>						
13/11	Mon	粟米南瓜茸魚塊糙米飯 Fish with corn & pumpkin sauce with brown rice	羅宋汁焗雞球飯 Chicken in tomato sauce with rice	黃羌汁肉片意粉 Sliced pork in ginger sauce with spaghetti	低脂白汁磨菇素豉飯 Mushrooms,beans in low fat cream sauce with rice	✓		
14/11	Tue	<b>Y6 Camp</b>						
15/11	Wed	<b>Y6 Camp</b>						
16/11	Thu	<b>Y6 Camp</b>						
17/11	Fri	<b>Y6 Camp</b>						
20/11	Mon	洋葱汁魚塊紅米飯 Fish in onion sauce with red rice	鮮菇雞球飯 Chicken & mushrooms with rice	金粟磨菇肉醬意粉 Spaghetti in tomato sauce	甜咖哩雜菌紅腰豆飯 Red kidney beans & mixed mushrooms in curry sauce with rice	✓		
21/11	Tue	低脂白汁薯仔豬柳糙米飯 Pork in low fat cream sauce with brown rice	甜咖哩雞球飯 Chicken in curry sauce with rice	夏威夷薄餅配千島醬香味薯角 Hawaiian pizza and potato wedges in thousand island dressing	時瓜雪耳腐竹鮮菇飯 Bean curd,white fungus & mixed mushrooms with rice			
22/11	Wed	南瓜汁魚塊燕麥飯 Fish in pumpkin sauce with oat rice	香菇豆腐雞柳飯 Chicken ,mushroom & tofu with rice	鮮茄肉醬通粉 Minced pork in tomato sauce with macaroni	珍珠笋雜菌豆乾飯 Bean curd mixed mushrooms with rice	✓		
23/11	Thu	黑椒雞中翼配鹵水蛋燕麥飯(微辣) Chicken wings in black pepper sauce with oat rice	鮮茄魚塊飯 Fish fillet in tomato sauce with rice	金粟磨菇肉醬意粉 Minced pork in corns and mushrooms sauce with spaghetti	低脂芝士雜菌意粉 Mixed mushroom is light cheese sauce with spaghetti			
24/11	Fri	蒜香淮山蒸雞球燕麥飯 Steamed chicken with oat rice	低脂馬來咖哩海鮮飯 Sea food in curry sauce with rice	低脂白汁肉片意粉 Sliced pork in low fat cream sauce with spaghetti	南瓜黃豆雜菌飯 Pumpkin, soy beans and mixed mushrooms with rice			
27/11	Mon	台式牛肉燥紅米飯 Mined beef with red rice	金粟南瓜雞球飯 Chicken in pumpkin & corn sauce with rice	健怡咖哩肉片通粉 Sliced pork in curry sauce with macaroni	茄子雙菇豆腐飯 Tofu,mushrooms & eggplants with rice	✓		
28/11	Tue	低脂白汁魚塊糙米飯 Fish in low fat cream sauce with brown rice	粟米肉粒飯 Pork in corn sauce with rice	叉燒包+燒賣+迷你珍珠雞 Cha Siu Bun+Siue Mai+glutinous rice in lotus leaf	黃羌汁蘿蔔紅腰豆飯 Red kidney beans & radish in ginger sauce with rice			
29/11	Wed	粉絲豆腐蒸蛋紅米飯 Steamed eggs ,tofu in red rice	低脂白汁魚塊飯 Fish in light cream sauce with rice	淡黑椒肉片意粉(微辣) Sliced pork in black pepper sauce with spaghetti	意式雜菌黃豆飯 Mixed mushrooms & soy beans in tomato sauce with rice	✓		
30/11	Thu	蜜汁雞中翼鹵水蛋燕麥飯 Chicken wings in honey sauce with oat rice	洋葱牛肉飯 Beef & onion sauce with rice	鮮茄茸肉醬意粉 Spaghetti in tomato sauce	淡咖哩薯仔百頁豆腐飯(微辣) Tofu & potato in curry sauce with rice			

# Lunch Order Form - November 2017

**Field Trip Cancellations or Absent Cancellations** (\*NOT applicable during Inclement Weather Cancellations\*)

- \*Please call DCK at 2464-1838 before 8:30 a.m. to cancel meals to qualify for a refund / credit.
- \*No refunds / credits will be made for meals cancelled after 8:30 a.m.

**Inclement Weather Cancellations**

- \* No refund (i.e. EDB announcement, Black Rainstorm or No. 8 Typhoon Signal)

**Important Notices**

- \*Please submit the **original receipt / cheque with the order form by 19 October. Late orders will not be accepted.**  
*(with student's name, class, and parent's contact numbers at the back)*
- \*Any illegibly marked choice will be deemed as "A".
- \*DCK menu uses boneless fish, but it is encouraged to be cautious when eating.
- \*Food may contain egg. Students with egg allergy should not choose the menu.
- \*Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut.
- \*For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

**Payment methods** *(original receipt / cheque with student's name, class, parent's contact numbers)*

- \* Crossed Cheque payable to "Delicious Chef King Catering Ltd"
- \* PPS
  - Bill payment by 18031 > merchant code 9833 > PPS a/c number (P.2 right top) > amount  
 > mark down the payment reference number on (P.2 right bottom)

**Student's Name :** \_\_\_\_\_

**Class :** \_\_\_\_\_

**Contact number :** \_\_\_\_\_

**PPS Account number :** \_\_\_\_\_

Payment Method (Whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	17 days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ 493.0</b>	

Payment Method (Non-whole Month)	
Meal expenses :	\$ 29.00
The number of days in November :	_____ days
Deducting Meals in September:	0 days
<b>TOTAL AMOUNT : HK\$ _____</b>	

Payment Methods	Company Stamp
<input type="checkbox"/> Cheque <input type="checkbox"/> PPS Confirm Code : _____	
	<b>Date</b>