



Sha Tin Junior School
Delicious Chef King Catering Ltd.
(Meal Box Order Form of September,2017)

1. Please send order from with cheque or payment receipts by July 15 to school

請於 8 月 15 日或之前付款並將餐單一併交回學校。

2. Meal A will be replaced if the choce is missing.

如有任何遺漏將會以A餐代替。

For any order cancellation, please call **2464-1838** before **8:30am**

取消訂購請於當日上午 **8:30** 前 致電 **2464-1838**

DCK Tel number : **2464-1838** Monday to Friday (8:00am to 5:00pm)

7-Eleven



4439900097009718

Circle K / VANGO / CRC Shop



9999344000970979

Name : _____
 Class : _____
 Class number : _____

Order / Not order

Date	Week	A (Healthy food)	B (Typical style meal)	C (Noodle snack meal)	D (Vegetarian meal)	Fruit
1/9	Fri	日式鵝球三色飯 Chicken fillet in soya sauce with tricolor rice	菠蘿汁豬柳飯 Pork fillet in pineapple sauce with rice	鮮茄肉片意粉 Sliced pork in fresh tomato sauce with spaghetti	腐竹雜菌南瓜飯 Bean curd , mushroom and pumpkin with rice	
4/9	Mon	鮮茄魚塊紅米飯 Fish fillet in fresh tomato sauce with red rice	薯仔洋蔥鷄球飯 Chicken in potato and onion with rice	磨菇吞拿魚肉碎意粉 Tuna mushrooms with minced pork spaghetti	低脂白汁雜菌有機豆腐飯 Mushrooms, organic tofu in light cream sauce with rice	
5/9	Tue	粟米磨菇牛肉醬燕麥飯 Minced beef and mushroom in corn sauce with oat rice	西汁豚肉片飯 Sliced pork in Western tomato sauce with rice	白菌鷄球長通粉 Chicken in mushroom sauce with penne	鮮淮山百頁豆腐飯 Fresh Yam and tofu with rice	✓
6/9	Wed	冬菇南瓜蒸鷄粟米飯 Mushrooms, pumpkin steamed chicken with corn rice	日式金菇魚塊飯 Fish fillet in Japanese mushroom sauce with rice	俄國肉片螺絲粉 Sliced pork in tomato sauce with fusilli	野菌薯仔磨菇飯 Mushrooms and potatoes with rice	
7/9	Thu	低脂白汁魚塊紅米飯 Fish fillet in light cream sauce with red rice	黃薑汁鷄球飯 Chicken in ginger sauce with rice	鮮茄薯仔肉醬長通粉 Minced pork in tomato sauce and potatoes with penne	香芋絲絲腐竹飯 Shredded mushrooms, bean curd and taro with roce	✓
8/9	Fri	香菇鷄球有機豆腐燕麥飯 Mushroom, chicken and organic tofu with oat rice	茄茸蜜桃魚塊飯 Fish fillet in tomato and peach sauce with rice	烤焗南美洲春雞半隻伴千島醬薯 Roasted spring chicken (Half) with potatoes in Thousand Island sauce	紅腰豆雪耳鮮菇飯 Red kidney beans, snow fungus and mushrooms with rice	
11/9	Mon	黑椒雞扒糙米飯(微辣) Chicken fillet in black pepper sauce with red rice	京都汁豬柳飯 Pork fillet in sweet and sour sauce with rice	日式金菇牛肉米線 Mushrooms and beef in soya sauce with rice noodles	低脂白汁磨菇素豆飯 Mushrooms and veggie beans in light cream sauce with rice	
12/9	Tue	低脂白汁磨菇免治牛肉紅米飯 Mushroom & minced beef in cream sauce with red rice	甜咖喱鷄球飯 Chicken in sweet curry with rice	豬柳漢堡包+蕃薯角+粟米 Pork fillet bun + potato wedges + sweet corn	羅漢上素飯 Mixed mushrooms with rice	✓
13/9	Wed	蜜汁雞扒菜飯 Chicken fillet in honey sauce with vegetable rice	茄茸雜菜豬柳飯 Pork fillet in tomato sauce and mixed fruit with rice	低脂芝士白汁鷄球通粉 Chicken in light cheese sauce with macaroni	蔬菜銀耳雜菌飯 Mixed vegetables, snow fungus and mixed mushrooms with rice	
14/9	Thu	香草低脂白汁魚塊紅米飯 Fish fillet in light cream sauce with red rice	蒜茸汁雞翼配鹵水蛋飯(微辣) Chicken wings in garlic sauce and brine egg with rice (Hot)	鮮茄肉醬意粉 Spaghetti Bolognaise	甜咖喱蘿蔔素豆飯 Radish, veggie beans and sweet curry with rice	✓
15/9	Fri	沙薑鷄脾粟米飯 Chicken leg in ginger sauce with corn rice	低脂白汁粟米豬柳飯 Pork fillet in light corn & cream sauce with rice	夏威夷魚柳意粉 Fish fillet in Hawaii tomato sauce with spaghetti	粟米磨菇雪耳有機豆腐飯 Snow fungus, organic tofu in corn and mushrooms sauce with rice	
18/9	Mon	蜜桃汁魚塊紅米飯 Fish fillet in peach sauce with red rice	粉絲豬肉焗蒸蛋飯 Bean thread, minced pork and steamed egg with rice	四川担担米線 Minced pork in chili sauce with rice noodles	鮮茄薯仔磨菇飯 Potato and mushrooms in fresh tomato sauce with rice	
19/9	Tue	和風金菇有機豆腐雞粒糙米飯 Mushroom, organic tofu and chicken with red rice	低脂白汁海鮮飯 Seafood in light cream sauce with rice	金粟磨菇豬肉醬通粉 Minced pork, corn and mushrooms with macaroni	鮮茄黃豆雜菌飯 Soy beans and mixed mushrooms in fresh tomato with rice	✓
20/9	Wed	甜酸菠蘿魚塊燕麥飯 Fish fillet in sweet and sour sauce with oat rice	香濃粟米肉粒飯 Diced pork in corn sauce with rice	洋蔥牛肉包+紫薯段+田園蔬菜 Onion and beef bun + sweet potatoes + mixed vegetables	珍珠筍菠蘿汁雜菌飯 Mixed mushrooms, mini carrots in pineapple sauce with rice	
21/9	Thu	黑椒洋蔥雞中翼配鹵水蛋紅米飯(微辣) Chicken wings and brine eggs in black pepper sauce with red rice (Hot)	低脂芝士汁魚塊飯 Fish fillet in light cheese sauce with rice	粟米南瓜茸肉片長通粉 Sliced pork in corns and pumpkin sauce with penne	薯仔百頁腐竹飯 Bean curd and potato with rice	✓
22/9	Fri	鮮茄薯仔免治牛肉粟米飯 Minced beef in fresh tomato and potato with corn rice	南瓜雞柳飯 Chicken fillet in pumpkin sauce with rice	淡咖喱薯仔肉燥烏冬(微辣) Minced pork and potato in light curry with udon (Hot)	低脂芝士磨菇紅蘿蔔飯 Mushrooms and carrot in light cheese sauce with rice	
25/9	Mon	蒜香魚塊紅米飯 Fish fillet in garlic sauce with red rice	南瓜木耳銀耳蒸鷄飯 Steamed chicken, pumpkin, tree fungus and snow fungus with rice	鮮茄免治牛肉意粉 Minced beef in fresh tomato sauce with spaghetti	茄子雙菇紅腰豆飯 Eggplants, mushrooms and red kidney beans with rice	
26/9	Tue	鹵水汁雞柳(去皮)糙米飯 Chicken leg in bittersauce with red rice	印度咖喱雞心豆肉片飯(微辣) Chick pea and sliced pork in Indian curry with rice (Hot)	魚柳包+磨菇汁通粉+雜菜 Fish fillet bun+mixed vegetable+macaroni in mushroom sauce	薯仔素豆磨菇飯 Potato, veggie beans and mushrooms with rice	✓
27/9	Wed	滑蛋草菇鷄球菜飯 Scramble eggs, mushroom and chicken with vegetable rice	冬菇木耳杞子蒸肉片飯 Steamed sliced pork, mushroom and tree fungus with rice	低脂芝士白汁肉醬意粉 Minced pork in light cheese and cream sauce with spaghetti	雜菜野菌茄子飯 Mixed vegetables and mushrooms and eggplants with rice	
28/9	Thu	台式牛肉燥紅米飯 Minced beef in red rice with Taiwanese style	黃薑汁雞柳飯 Chicken fillet in ginger sauce with rice	蜜糖芥末法蘭克福腸熱狗伴粟米甜薯粒 Sausage hot dog in mustard sauce with sweet corns and diced potatoes	黃豆腐竹雪耳飯 Soy beans, bean curd and snow fungus with rice	✓
29/9	Fri	意式茄茸魚塊紅米飯 Fish fillet in Italian tomato sauce with red rice	和風金菇肉片飯 Sliced pork in mushroom sauce with rice	低脂白汁雞柳長通粉 Chicken fillet in light cream sauce with penne	木耳豆乾雜菌飯 Tree fungus, dried beans and mixed mushrooms with rice	

Our menu uses boneless fish, but it is encouraged to be cautious when eating.

餐單採用去骨魚肉，但以防有殘留魚骨，同學亦應小心進食。

Food may contain egg. Students with egg allergy should not choose the menu.

此款食物含有蛋類成份，若對蛋類有敏感人士請勿選擇此款。

Caution: Food are produced on shared equipment that processes cereals containing gluten, crustacean, fish, eggs, peanuts, soy, milk, nut or traces of nut.

For the sake of safety, students with food allergy are recommended not to order our lunchboxes.

注意：生產廠房將處理致敏食品（如：含有麩質的穀類、甲殼類動物製品、魚、蛋、花生、大豆、奶類、木堅果及堅果類製品）

為保障同學健康，我們建議患有任何食物過敏的同學自備午餐。



Western style food
此款式為西式餐款

Payment Methods

Meal expenses : \$ 29.00
 The number of days in September : 21 days

TOTAL AMOUNT : HK\$ 609.0

Payment Methods

- Bank or ATM
 (Circle K, 7-11, Vango, CRC Shop)
 Cheque

Company

Date

Sha Tin Junior School

(Meal Box Order Form of September,2017)

Total amount:
 \$29.0 x _____ days= _____

Name : _____
 Class : _____
 Class number : _____
 Parents Phone : _____

Date	Week	Meal Code
1/9	Fri	
4/9	Mon	
5/9	Tue	
6/9	Wed	
7/9	Thu	
8/9	Fri	
11/9	Mon	
12/9	Tue	
13/9	Wed	
14/9	Thu	
15/9	Fri	
18/9	Mon	
19/9	Tue	
20/9	Wed	
21/9	Thu	
22/9	Fri	
25/9	Mon	
26/9	Tue	
27/9	Wed	
28/9	Thu	
29/9	Fri	

Payment Methods

- Bank or ATM
 (Circle K, 7-11, Vango, CRC Shop)
 Cheque

Payment methods: Please write the name of the school, student's name, Class and Student number in the back of the receipt and returned with Menus

1. Bank or ATM: Account number [Bank of China: :012-735-0-002070-8] or [The Hong Kong and Shanghai Banking Corporatoin Limited: 112-198700-011]

2. By convenience store : Cash payment at Circle K / 7-Eleven / VANGO / CRC Shop

3. Cheque : Please make cheques payable to **Delicious Chef King Catering Ltd**